

# LEVERAGING SOCIAL MEDIA

Using a #VisualAbstract to Disseminate Research

**5X** Journal articles with a #VisualAbstract get up to 5X more exposure, and the full article is accessed at least twice as frequently.

## Create your first #VisualAbstract

with the following tutorial:

**Balance** creativity with conveying a clear, concise message

**Focus** on the end user  
» *What do they want to know about your research?*

**Establish** a clear focus  
» *Narrow the message down to key points*

**Review** other #VisualAbstracts for ideas



Plan



Design



Seek feedback and revise

Make sure to include:

- » A **title** summarizing the key question
- » A **summary** of outcomes
- » A **visual display** of outcomes
- » **Data**, using short, descriptive phrases, units, and comparison language

- » **Author** and abbreviated **citation**
- » **Journal** where published
- » **Optional: Add images**  
*Do not use images without permissions or rights*

### TIP

*Use software like Canva, Pixir, or PowerPoint to create your #VisualAbstract*

### Publish



Save as a JPEG image file and share! Be sure to link to the full article and tag authors, professional societies, or high impact users.

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